COMMUNITY CORNER

The Community Resource Center's Weekly Newsletter



HIGHLIGHTS

HOUSING & NEEDS GRANT

MENTAL HEALTH
AWARENESS MONTH

YWCA VIRTUAL RESOURCE CENTER



HOUSING & ESSENTIAL NEEDS FOR FORMERLY INCARCERATED INDIVIDUALS

The Washington State Department of Commerce's Community Service Housing Division and the Governor's Statewide Reentry Council in partnership with the Revive Center for Returning Citizens are providing emergency funding to support housing and essential needs for individuals who have been released from Washington State prisons within the past year. Individuals affected by the Blake decision, Rapid Reentry or Graduated Reentry programs will have precedence for these funds.

** There is no guarantee of funds. They will be dispersed based on precedence and need. All funds will be dispersed by June 30, 2021.

Grant Requirements: Must have been released from Washington State prison in the past year (needs to be verified with release papers or call to CCO), and must show a hardship.

To apply, please contact Traci Hudson at (509) 413–2950 or traci@revivespokane.com.



MENTAL HEALTH AWARENESS MONTH

Each year millions of Americans face the reality of living with a mental illness. Here are some data points about the scope of mental health via <u>National Alliance on Mental Illness</u>, an organization that works to fight stigma, provide support, <u>educate the public</u> and advocate for policies that support people with mental illness and their families.

Individual Impact

- 20.6% of U.S. adults experienced mental illness in 2019, but only 43.8% of them received treatment.
- Suicide is the 2nd leading cause of death among people aged 10–34 and the 10th leading cause of death overall in the U.S.

Community Impact

- Lesbian, gay and bisexual youth are 4x more likely to attempt suicide than straight youth.
- 55% of U.S. counties do not have a single practicing psychiatrist.
- 20.5% of people experiencing homelessness in the U.S. have a serious mental health condition.
- 37% of adults incarcerated in the state and federal prison system have a diagnosed mental illness.



YWCA VIRTUAL RESOURCE CENTER

Video Chat on Zoom (zoom.us/j/92272528186): Monday to Thursday, 1:00 - 3:00 PM

Services include:

- Virtual case management with access to a wide range of resources
- Housing assistance and Coordinated Entry for All (CEA) assessments
- Employment assistance including Job Club and hot job listings
- Guidance for meeting personal educational goals

To hear about new YWCA events or programs via text message, text "YSIC" to 55678.

For more info, call (206) 749-7550, email jobclub@seattleymca.org, or click here.

Developing Anti-Racism Strategies in Behavioral Health Agencies

June 9, 11:30 AM - 12:45 PM

This 75-minute MHTTC webinar will discuss prioritizing racial equity in behavior health agencies.
Participants will take a critical look at the pervasive and innocuous consequences of racism on health and the role of behavioral health agencies and all members of the agency in responding, as well as review dominant culture and institutional biases that may uphold inequities within agencies and strategize around dealing with change fatigue and resistance to essential anti-racist practices.

Click here to register.

Dreaming of Summer?

Click here to check out some of the fun outdoor activities that will be reopening just in time for summer via Parks and Recreation. Outdoor pools, sprayparks, wading pools, beaches, meals for kids and more are tentatively scheduled.

For more info: <u>parkways.seattle.gov</u>.